

LESSON 7 TEACHING OUTLINE

OCTOBER 18, 2026

FAMILY THEME

What Good Is Christianity?

STUDY TEXT

JOHN 14:6; LUKE 6:43-44

Connect

VIDEO: Consider showing this video that illustrates the good that Christianity is doing in the world: tinyurl.com/D6BigLeague.

CONVERSATION STARTER: Ask, *If you had to define a “good life,” what would you include?* Write a few responses on the board (truth, relationships, purpose, beauty, etc.). After discussion, say, *The ideas of truth, goodness, and beauty are central to Christianity.*

STORY: Tell a brief story about a historical figure like William Wilberforce (abolition of slavery) or a missionary who made a difference through faith. Then ask, *What motivated this person to do what they did?* After discussion, say, *Today we’ll explore how Christian belief has shaped actions like these.*

Teaching the Truth

BIG IDEA 1: Christianity Provides the Foundation for Truth About Reality (Romans 1:18–20; Isaiah 1:18)

Live It Out: Recognize that Christianity provides a reliable foundation for truth, helping people understand reality and live with clarity and confidence.

- *Why does it matter that truth is rooted in God rather than personal opinion or culture?*
- *How does confusion about truth affect the way people make decisions or live their lives?*

Live It Out: Be prepared to explain how Christianity not only claims truth but has shaped the world in meaningful and lasting ways.

- *How has Christianity’s view of truth influenced areas like science, education, and culture?*
- *Why does it matter that Christianity encourages both faith and reason?*

BIG IDEA 2: Christianity Provides the Foundation for Goodness and Righteous Living (Psalm 34:8; Romans 2:14–15)

Encourage your learners to memorize the Family Scripture of the Month (**Colossians 2:6–7**) along with family members.

Pass out copies of the AH 7-2 Adult Member Outline.

Live It Out: Recognize that God’s standard of right and wrong provides a foundation for how people live, make decisions, and relate to one another.

- *Why is it important for people and societies to have a shared understanding of right and wrong? What does Romans 2:15 tell us about that shared understanding?*
- *How does God’s standard of goodness shape the way people treat one another in everyday life?*

Live It Out: Reflect the goodness of Christ by intentionally showing compassion, justice, and care to others.

- *What would everyday life look like if the moral teachings of Jesus were ignored or removed from society? How does this show us that God’s ways are best?*
- *As Christians, what is our responsibility when it comes to reflecting God’s goodness and responding to injustice?*

BIG IDEA 3: Christianity Provides the Foundation for Beauty and a Beautiful Life (Psalm 27:4; John 10:10)

Live It Out: Recognize that true beauty is rooted in God and shapes how we understand meaning, purpose, and the fullness of life.

- *What are some examples of beauty in the world that point beyond themselves to something greater? Why are people drawn to beauty, meaning, and purpose in life?*
- *How does a biblical understanding of beauty differ from the idea that “beauty is in the eye of the beholder”?*

Live It Out: Pursue a beautiful life by reflecting Christ’s character in your attitudes, actions, and relationships.

- *How does following Jesus reshape what we see as meaningful or fulfilling in life?*
- *What is one practical way you can bring beauty, hope, or restoration into someone’s life this week?*

Respond

SHARING ONE’S FAITH: Encourage learners to share with a friend, coworker, or family member one way Christianity brings truth, goodness, or beauty into the world. Challenge them to look for an opportunity this week to explain how their faith in Jesus shapes how they see life and gives hope.

FAITH IN ACTION: Challenge learners to identify one practical way they can reflect the goodness of Christ this week—showing compassion, meeting a need, standing for what is right, etc. Encourage them to think of a specific person they can serve and take intentional action.

REFLECTION: Encourage group members to reflect on how following Jesus brings meaning, purpose, and beauty to life. Ask them to notice where God’s goodness and beauty are evident—in creation, relationships, or everyday moments.

Distribute copies of *As You Go* (AYG-7) and encourage your learners to complete the daily devotions in their *D6 Discipleship Journals* this week.